



Spring 2025 NEWSLETTER

Running behind - AGAIN!

It is certainly taking forever to get caught up with everything that got set aside during the rebrand! And, of course, an occasional wrench is thrown into the works or programming takes a sideways turn.

The Wrench - Tuesday Talks are on hold for a bit while we try to locate an alternate location for the rest of the year. Brooklife Church, who has been our gracious hosts from the start of Tuesday Talks, is going through a major remodel and the cafe area is not available to us for the remainder of this year.

The Sideways Turn - Caretaker Workshops held at the IGET Center in East Troy have evolved into a Caregiver Support Group that will meet the 4th Wednesday of every other month from 1PM to 2PM. Caregiver Support meetings are specifically focused on providing support for caregivers of those with dementia encouraging conversations with others in comfortable and open dialog. During the meeting time, caregivers 'persons' are engaged in other directed activities.

As many of you have discovered, I have an occasional error that gets missed during proofreading. One such boo-boo is the departure time for the June 12 trip to The Fireside for *Church Basement Ladies: The Last (Potluck) Supper*. The departure time is 9:30AM **NOT** 7:00AM! There are still seats available, so now that you know that you don't have to get up that early, get your reservation sent in.

The Good Life Club Annual Party will be held on Wednesday, July 16 at The Cotton Exchange in Waterford. The theme is a bit more exotic than we've had in the past - India! And will feature a performance of classical Indian dance by the Aarambh Kathak Dance School. More details can be found inside the newsletter.

I'm happy to say that I was able to arrange a really fun trip for August. If you are a fan of *I Love Lucy*, this trip is a must! With a nod to an unforgettable episode of *I Love Lucy*, we'll begin with a visit to a chocolate factory, have a Lucy-themed lunch, and enjoy a presentation on the making of *I Love Lucy*.

Take care and, as always, until we see you next time -

enjoy your Good Life!

Cheryl,
and the rest of the GLC team!

What We've Been Up To

Bingo

The annual Bingo get together in January had a full house of ready-to-win players along with our official Bingo spinner - my husband Steve.

There were a ton of great prizes to choose from and snacks that included the very popular Bingo snack mix made with popcorn, caramel corn, pretzels, and candy clusters.

Even though there were some very lucky Bingo cards with multiple wins, everyone had a good time and went home with at least one prize.



Movie Matinee

This year's Movie Matinee featured a showing of *A League of Our Own* that is based on the little-known story of the American Women's Baseball League that was founded during World War II. At that time, there was a shortage of men playing baseball because they were off serving their country.

Just the right movie to get everyone ready for Spring and this year's season of baseball!

Below left: Bingo players waiting in anticipation for the next number to be called.

Below: Bingo prizes with a little something for everyone.



Now that Spring has sprung, it's time to get out and get active.

Here are 10 activities that will help get you out of the house - in addition to all the fun Good Life Club activities, of course!

1. Visit local farmers markets
2. Take a cooking class
3. Attend local festivals
4. Volunteer for a local group
5. Have coffee with a friend
6. Plant some flowers
7. Try pickleball
8. Go for a walk
9. Join a book club
10. Learn a new craft



UPCOMING TRIPS/EVENTS



The Last (Potluck) Supper - THUR., JUNE 12, 2025

COST PER PERSON - \$115.00

GUESTS ARE WELCOME

RESERVATIONS WITH PAYMENT MUST BE RECEIVED BEFORE 5:00PM ON FRIDAY, MAY 16, 2025.

Full payment guarantees your reservations.

Return your reservations with check made out to: Good Life Club.

It's 1979, and the Church Basement Ladies are preparing for a potluck dinner as part of the church's Centennial Celebration. Even though it's a celebration, times are tough and hard decisions will have to be made!

Joining the ladies will be past parishioners who have gathered to share hot-dishes, desserts, and stories from the last 100 years. As the women work in the kitchen, shared memories burst into life through a series of flashbacks. Travel back to 1897 and meet Vivian's grandmother; see Karin as a newlywed cautiously navigating the politics of the kitchen; and be there in 1944 when Mavis first barreled her way through the door.

Before enjoying the matinee performance, there will be time to visit the unique Fireside shops and have lunch. Entree choices are: **Braised Pork Belly** - cooked low and slow in soy sauce and brown sugar served with pan sauce - or **Supreme Cut Chicken Breast** - seasoned with lemon pepper - or - **Thai Grilled Shrimp** - Grilled skewered shrimp, onions, bell peppers, and pineapple marinated in lemongrass, sweet chili, and garlic served with an apricot lemongrass chutney.

All entrees include fried rice and honey glazed carrots. The meal begins with Asian Salad and freshly baked breads from Fireside's Artisan Bakery, then finished off with Lemon Chess Pie topped with whipped cream and diced strawberry coulis. Coffee, tea, and milk are included. Cash bar available for all other drinks.

[Bring a personal cooler in case we have time to stop at Jones Market on the way home!](#)

Activity Level: *Low-Mod*

Pick-up & Drop-off Points:

Big Bend Park & Ride

(Hwys I-43 & 164)

Pick-up: 9:30 AM

Return: 6:00 PM

MAIL COMPLETED RESERVATION FORMS WITH YOUR PAYMENT TO:

CITIZENS BANK - GOOD LIFE CLUB, P.O. BOX 223, MUKWONAGO, WI 53149

TRIP/PAID EVENT RESERVATIONS: Spots are reserved strictly on a first-come, first-serve basis. Reservations cannot be held without payment. Calling in your trip/paid event reservation will not hold your spot. Only full payment guarantees your reservation. If guests are allowed, the number may be limited to one per Good Life Club member. A reservation confirmation postcard listing specific departure points and times will be sent out approximately one week prior to a trip's departure date. No reminders will be sent for social events (free or paid) or seminars.

WAITLISTS: Should space fill for a trip or event, a waitlist will be created. Names will be listed in order of when reservations (trip/paid events reservations must include payment) are received. Guests will be notified in order should a cancellation occur and given 24 hours to respond before moving on to next person on the list. Uncashed checks held for waitlist reservations will be securely destroyed day after trip/event.

CANCELLATIONS: Should a paid trip or event be canceled by Good Life Club or vendors, a full refund will be given.

REFUNDS: On all paid trips/events, a full refund will be given if we are notified of the cancellation at least one day before the trip RSVP deadline OR if your space can be resold by 24 hours prior to departure. We regret that money cannot be refunded if we are unable to resell your space or if you are unable to attend at the last minute.

GIFT CERTIFICATES: Gift certificates must accompany reservation forms and may be used only for the person issued the certificate. Certificates or coupons issued prior to 2016 are no longer valid.

WAIVERS: All members and their guests will sign a waiver included with reservation forms holding all parties involved including Citizens Bank, coach rental company, venues, restaurants, etc. harmless for loss, theft, injury, and/or illness for all trips, social events, and seminars or workshops.

QUESTIONS? Contact Cheryl by calling 262-378-4841 or emailing cchapman@CitizensBankWI.bank.

Prices listed for trips and events include all costs, admission fees, tips, and other gratuities unless otherwise noted.

Hesitant about traveling alone? Don't be - you'll be among friends!!



I Love Lucy - THUR., AUGUST 14, 2025

COST PER PERSON - \$98.00

GUESTS ARE WELCOME

RESERVATIONS WITH PAYMENT MUST BE RECEIVED BEFORE 5:00PM ON TUESDAY, JULY 29, 2025.

Full payment guarantees your reservations.

Return your reservations with check made out to: Good Life Club.

Although Lucille Ball's career spanned 50 plus years, she will forever be remembered for her ground-breaking and iconic television show "I Love Lucy" which also starred her real-life husband Desi Arnez.

I Love Lucy ran from 1951 to 1957 with reruns of the show still running today. Lucy's comedic timing and knack for physical comedy helped create iconic episodes with Lucy trying to sell *Vitameatavegamin*, stomping grapes in Italy, and getting work in a chocolate factory with her bestie and partner in hilarity, Ethel.

To celebrate Lucy's legend - and chocolate - we'll start our day with a tour at Long Grove Confectionery Company in Buffalo Grove, IL. After the tour, there will be time to shop for treats in their outlet store.

For lunch, we'll head over to Grayslake, IL to enjoy a buffet at 129 Center Cut. All of the dishes are meant to celebrate those famous episodes with main entrees of **Arroz con Pollo**, **Spaghetti with Meatballs**, and **Sautéed Chicken with Mushrooms** plus appetizers, desserts, and soft drinks.

Our final stop for the day will be at the University Center in Grayslake where humorist Todd Hunt will present an excellent program called "The Making of I Love Lucy" showcasing the history of the show, its actors, and those memorable moments.

Bring a personal cooler for your chocolates!

Activity Level: Low-Mod

Pick-up & Drop-off Point:

Mukwonago Park & Ride

(Hwys I-43 & 83)

Pick-up: 8:30 AM

Return: 4:30 PM



DATE: WEDNESDAY, JULY 16, 2025

TIME: 11:30AM UNTIL 3:00PM*

***DOORS WILL OPEN AT 11:15AM**

LOCATION: COTTON EXCHANGE, WATERFORD, WI

COST PER PERSON:

GLC MEMBERS - \$18.00

GUESTS - \$35.00

RETIRED EMPLOYEES - COMPLIMENTARY

In addition to a delicious Indian inspired meal, this year's Annual Party features a performance of Classical Indian Dance from the students at Aarambh Kathak Dance School.



Reserve your seat by July 1. Mail completed reservation form with signed waiver and payment to: Citizens Bank/GLC, P.O. Box 223, Mukwonago, WI 53149. Contact Cheryl at 262-378-4841 or cchapman@CitizensbankWI.bank with questions.

ACTIVITY LEVELS

Please call or email if you have questions about a listed activity level for a trip.

Low

Walking at a leasurely pace, boarding the coach, and climbing minimal stairs.

Moderate

Average level of walking/activity including climbing stairs and possibly walking on uneven surfaces.

High

Longer periods of walking and/or standing, along with climbing stairs and increased level of activity may be involved.

HAVE A QUESTION OR SUGGESTION?

Your Good Life Club Team is always looking for ideas and suggestions for trips and activities. Drop us a note, send an email, give a call, or stop in to see us. We love to hear from you!



citizens bank
— Good Life Club —

**P.O. Box 223
Mukwonago, WI 53149**

What's Coming Up

<u>Trip/Event</u>	<u>Reservation Due</u>
May 27: Smart Srs: Cybersecurity/Scams	By May 20*
June 12: Fireside: Last Supper	By May 16*
July 16: Annual GLC Party	By July 1*
Aug 14: I Love Lucy	By July 29*

**Currently taking reservations. See inside for details. No phone reservations accepted. All dates and/or destinations subject to change based on availability.*

ADDRESS CHANGE? Whether you are moving to a warmer clime for the winter months or relocating permanently, be sure Good Life Club follows you. Club addresses are separate from bank records, so contact Good Life Club when you are on the move! Call 262-378-4841 or email cchapman@CitizensBankWI.bank to update your records.

GOOD LIFE CLUB - PERKS & BENEFITS

Good Life Club members are eligible for free products and services, as well as exclusive access to exciting trips, fun social events, and informative seminars.

Contact a Personal Banker to sign up! Call 262-363-6500.

ENJOY YOUR GOOD LIFE!

**Smart
Seniors**

HELD THE LAST TUESDAY
OF EVERY OTHER MONTH

1:30PM - 3:00PM

IGET COMM CENTER
2040 BEULAH AVE
EAST TROY

**Caregiver
Support**

HELD THE 4TH WED OF
EVERY OTHER MONTH

1:00PM - 2:00PM

IGET COMM CENTER
2040 BEULAH AVE
EAST TROY

Upcoming program dates:

May 20 - Memory Cafe
May 27 - Smart Seniors
June 17 - Memory Cafe
June 25 - Caregiver Support
July 15 - Memory Cafe
August 19 - Memory Cafe
August 27 - Caregiver Support

Contact Cheryl at 262-378-4841 or
Martha at 262-642-2266 to register.

Smart Seniors

End-of-Life Planning

The March Smart Seniors featured a talk by Daniel Lockwood on end-of-life planning options and types of insurance policies that can be put in place to ease the financial burden on family members. Attendees gained insightful knowledge and resources. Our next Smart Seniors will bring back Scott Noles to talk about the latest in scams and cyberthreats.

2025 SHRED EVENTS SATURDAYS, 9AM TO 11AM

May 3

BIG BEND

W230S9125 CLARK STREET

July 12

EAGLE

S90W35680 HWY NN

Sept 13

NEW BERLIN

5450 S MOORLAND RD

- DRIVE UP/DROP OFF
- PERSONS MUST STAY IN VEHICLE
- NO SHRED ACCEPTED PRIOR TO EVENT

- LIMIT 2 BAGS OR BOXES
- WEIGHT LIMITS APPLY
- SHREDDED ON-SITE

- REMOVE ALL BINDER CLIPS, 3-RING NOTEBOOKS, CDS, LEDGER BOOKS, HARD CARDBOARD, PLASTIC, AND/OR BATTERIES

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$115.00 per person for "Fireside: The Last (Potluck) Supper" on June 12, 2025.

Return completed and signed form along with your check made out to: Good Life Club.

Total enclosed \$ _____

Pick up point: **Big Bend Only**

Name: _____ Lunch Choice: Braised Pork Belly Chicken Breast Grilled Shrimp

Address (include city, state, zip): _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

Member2/Guest: _____ Lunch Choice: Braised Pork Belly Chicken Breast Grilled Shrimp

Member2/GuestCompleteAddress: _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

All itineraries are subject to change. Trip may be cancelled if minimum requirements are not met. Cost includes round trip transportation, meal, taxes & tips.

Trip and Event Hold-harmless Agreement - Good Life Club "Fireside: The Last (Potluck) Supper"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Member 2 or Guest

Date

Date

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$18/member, \$35/guest for "2025 Annual Party" on July 16, 2025. Bank retirees may attend as our complimentary guests, but must return reservation form to reserve seat.

Return completed form and signed waiver along with your check made out to: Good Life Club.

Total enclosed \$ _____ Waiver on back side must be signed by each member/guest themselves

Member: _____

Address (include city, state, zip): _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

Member 2/Guest: _____

Complete Address: _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

All itineraries are subject to change. Trip may be cancelled if minimum requirements are not met. Cost includes round trip transportation, meal, taxes & tips.

Trip and Event Hold-harmless Agreement - Good Life Club "Annual Party"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Member 2 or Guest

Date

Date

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$98.00 per person for “I Love Lucy” on August 14, 2025.

Return completed and signed form along with your check made out to: Good Life Club.

Total enclosed \$_____ Buffet Lunch included Pick up point: **Mukwonago Only**

Member: _____

Address (include city, state, zip): _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

Member 2/Guest: _____

Complete Address: _____

Phone#: _____ Email Address: _____

EmergencyContact:_____Phone#:_____Allergies:_____

All itineraries are subject to change. Trip may be cancelled if minimum requirements are not met. Cost includes round trip transportation, meal, taxes & tips.

Trip and Event Hold-harmless Agreement - Good Life Club "I Love Lucy"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member	Member 2 or Guest
<p>1. <input type="checkbox"/> Member</p> <p>2. <input type="checkbox"/> Member 2 or Guest</p>	<p>1. <input type="checkbox"/> Member</p> <p>2. <input type="checkbox"/> Member 2 or Guest</p>

Date _____ Date _____

Puzzle Challenge

Congratulations to Carol S. whose name was drawn for last issue's Puzzle Challenge! The solution: *The first fall of snow is not only an event, it is a magical event. You go to bed in one kind of a world and wake up in another quite different, and if this is not enchantment then where is it to be found? ~J.B. Priestly*

For this issue's puzzle, place each letter in its proper place to solve the quote. Note that there are four squares containing punctuation. Hints: Look for possible word patterns and find single letter words first. Shaded areas are punctuation marks.

Submit your solutions to Cheryl (cchapman@CitizensBankWI.bank) by June 15th to be entered into a drawing for a \$10 Culvers gift card! (Quote must be correct.)

[illegible]

16	24	1	1	26	26	19	13	3	12	2	19	13	15	19	3	25	19	9	26	21
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10	21	2	17	6	18	15	4	6	21	4	3	21	11	3	11	24	18
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3	18	2	23	19	23	26	7	10	19	13	4	26	2	13	24	10	25	26	4		3
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4	21	16	9	25	26	21	25	25	26	2	15	11	3	26	21	3	24	13
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4 24 15 26 4 6 26 2