



Autumn 2025 NEWSLETTER

Happy Anniversary to Me!

On August 1st, I started my tenth year of employment with Citizens Bank! I'm still loving what I do and it still hardly seems like work most days – don't tell my boss I said that! Being part of Good Life Club has been one of the best parts. Thanks to all of you who have made my job so fulfilling!!

Even with all the challenges that I keep whining about, I love planning our day trips. I've been working on a list of my all-time favorites, and for my 10th year, we're going to try and revisit some of those that left an impression. The first will be a return to one of my favorites from 2019 – the Christmas Market at the Osthoff Resort in December. Details about the trip and our annual Bingo get together in January and the March Movie Matinee can be found inside.

I'd like to invite you to attend the very first event of this kind in our area – *Living with Death: A Community Conversation*. Don't let the title of our October event scare you or make you uneasy. This is an open house type event that anyone can attend and learn about different aspects of death besides traditional funeral

and estate planning. There are speakers scheduled throughout the event plus resource tables where you can meet and chat with people representing a variety of businesses and services. Our keynote speaker, Dr. Janet McCord, PhD, FT, is a professor of Thanatology and will talk about the study of death, dying, grief, and loss. See below for location and time and call me if you have any questions about the event. The way I see it, the more you fear death, the less you live life.

Come and talk about it with us.

Take care and, as always, until we see you next time - enjoy your Good Life!

Cheryl,
and the rest of the GLC team!

- ♥ Hamilton (all-time fave!)
- ♥ Church Basement Ladies:
A Mighty Fortress is our
Basement

My Top 5 Favorite Shows Enjoyed with Good Life Club:

- ♥ Beautiful - The Carole King Story
- ♥ Elf! the Musical
- ♥ Mamma Mia!

Where We've Been I Love Lucy

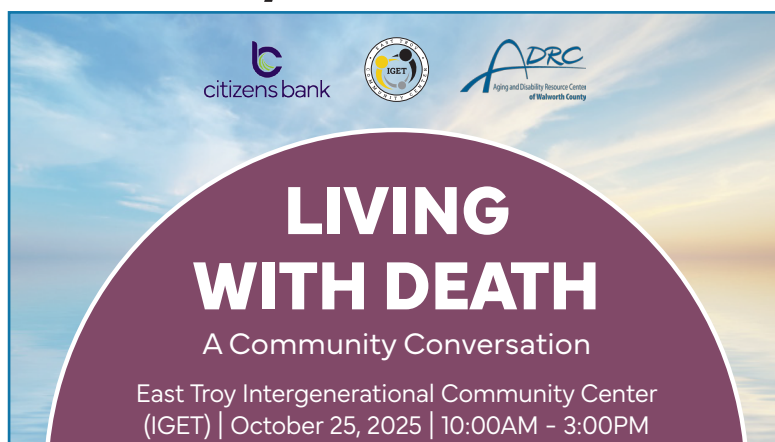


August's Lucy themed adventure featured a gorgeous day, tons of chocolate, a hearty lunch, and a super fun presentation on the making of *I Love Lucy*.

The day started out at Long Grove Confectionery in Buffalo Grove with a presentation on the history of chocolate and the company, plus a tour of the factory. Afterwards, travelers shopped the outlet store and loaded up on chocolates of all shapes, sizes, and flavors.

A short ride took us to Grayslake for a Lucy & Desi themed lunch buffet at 129 Center Cut, then over to University Center where Todd Hunt shared stories, behind-the-scenes facts, and classic film clips about Lucy's groundbreaking show.

Saturday, October 25, 2025



Join Citizens Bank, the East Troy Intergenerational Community Center, and Walworth County ADRC for an opportunity to bring conversations about death and dying into the light and remove the stigma of death through education and open dialogue with expert speakers on green burial, death doula services, ethics, and more.

Open to all with no admission charge!

UPCOMING TRIPS/EVENTS



Christmas Market - THUR., DEC. 11, 2025

COST PER PERSON - \$89.00

GUESTS ARE WELCOME

RESERVATIONS WITH PAYMENT MUST BE RECEIVED BEFORE 5:00PM ON THURSDAY, NOVEMBER 20, 2025.

Full payment guarantees your reservations.

Return your reservations with check made out to: Good Life Club.

Voted the #1 Best Holiday Market by USA Today's Reader's Choice 2024, the Ostoff Resort will be hosting its annual Old World Christmas Market where you will be able to find unique gifts for everyone on your "Nice" list!

Originally taken in 2019, Trip 1 of Cheryl's Most Favorite Trips begins in Elkhart Lake with a visit to a wonderland of Old World charm. Reminiscent of the centuries-old Christkindlesmarkt of Nuremberg, Germany, this year's 27th annual market welcomes visitors into a huge heated tent filled with unique items from international and regional artisans and vendors. Choose from Czech blown-glass ornaments, Turkish pashmina scarves, Russian painted Santas, German nutcrackers, and so much more!

Have a snack in the Market's food court, but don't fill up! In keeping with the German tradition of the Christmas Market, a lunch of authentic German dishes will be served buffet-style at PJ Campbell's at the Depot in Plymouth.

After lunch, we'll make a stop at The Wreath Factory for a wreath-making demonstration and shopping - with a 10% discount! - in their amazing 16,000 square foot home and garden showroom.

Wear your good walking shoes, and remember there's room under the bus for purchases!

Activity Level: *Mod-High*

Pick-up & Drop-off Points:

Big Bend Park & Ride

(Hwys I-43 & 164)

Pick-up: 7:45AM

Return: 5:30PM

WEDNESDAY, NOVEMBER 5, 2025

MEDICARE UPDATES FOR 2026

Citizens Bank - Community Room
2109 Corporate Dr., Waukesha
5:30 PM - 7:00 PM

**Dawn Hendrix, Elder Benefit Specialist
with the Waukesha County Aging and
Disability Resource Center (ADRC),
will be presenting a seminar with
information regarding upcoming
Medicare changes for 2026 and open
enrollment.**

*Reserve your seat by calling 262-378-4841 or emailing
cchapman@CitizensBankWI.bank by Oct 29.*

TUESDAY, NOVEMBER 25, 2025

**Smart
Seniors**

IGET COMMUNITY CENTER
2019 DIVISION ST, EAST TROY
1:30PM - 3:00PM

Let us take some of the holiday stress
off your shoulders!

If you find it difficult or just don't like to wrap presents, bring your unwrapped gifts to us, and our team of helpful elves will wrap them up for you. While you wait, you can visit with friends and enjoy some holiday cheer! We'll supply the wrapping paper, tape, and bows - or use yours if you prefer.

**Registration is required so we know how many
elves to bring!**

Please reserve your spot by contacting Cheryl at 262-378-4841 or cchapman@citizensbankwi.bank, no later than Nov. 20.



Bingo! WED, JAN. 14, 2026

COST PER PERSON - No CHARGE FOR GLC MEMBERS, \$5.00 FOR GUESTS*

RESERVATION FORMS MUST BE RECEIVED BEFORE 5:00PM ON FRIDAY, JANUARY 2, 2026.

***SPACE IS LIMITED, SO SEATS MUST BE RESERVED IN ADVANCE.**

Doors open at 1:45PM

Bingo from 2:00PM - 4:00PM

Prizes and light refreshments

Location:

Citizens Bank-Waukesha Community Room

2109 Corporate Dr (along Hwy 59)

Waukesha, WI 53189



Movie Matinee - TUES, MAR. 17, 2026

COST PER PERSON - No CHARGE FOR GLC MEMBERS, \$5.00 FOR GUESTS*

RESERVATION FORMS MUST BE RECEIVED BEFORE 5:00PM ON FRIDAY, MARCH 6, 2026.

***SPACE IS LIMITED, SO SEATS MUST BE RESERVED IN ADVANCE.**

Doors open at 12:30PM

Movie starts at 1:00PM

Light refreshments provided

Location:

Citizens Bank-Waukesha Community Room

2109 Corporate Dr (along Hwy 59)

Waukesha, WI 53189

Celebrate St. Patrick's Day with Good Life Club and an oldie, but goodie -

Darby O'Gill and the Little People.

Darby O'Gill does not want to tell his daughter, Katie, he's been fired and that his position has been taken by a dashing younger man. On his way home, Darby slips through a portal to the land of the little people and meets Brian, the leprechaun king, and winds up accidentally bringing the little monarch home with him. Darby then demands Brian grant him three wishes, but the request brings Darby unexpected results.

Congratulations to Kelly F. whose name was drawn for last issue's Puzzle Challenge! The solution: *Dancing days are here again, as the summer evenings grow. I got my flower, I got my power, I got a woman who knows. ~ Led Zeppelin*

For this issue's puzzle, place each letter in its proper place to solve the quote. Note that there are four squares containing punctuation. Hints: Look for possible word patterns and find single letter words first. Submit your solutions to Cheryl (cchapman@CitizensBankWI.bank) by March 15th to be entered into a drawing for a \$10 Culvers gift card! (Quote must be correct.)

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

11																																						
	5	17	23	23		14	17	21		17	23	9	17	15	21		6	10	10	26		11	15		5	17	20	25	7	3	13	10						
21	10	17	21	25	26	•			13	14	10			13	3	11	10			9	14	10	26			10	20	10	7	15	13	14	3	26	18			
6	2	7	21	13	21			9	3	13	14			3	13	21			23	17	21	13			6	10	17	2	13	15			17	21			3	5
	26	17	13	2	7	10			14	17	16			6	10	10	26			21	17	20	3	26	18			2	22			17	23	23				
	15	10	17	7			5	25	7			13	14	10			18	7	17	26	16			5	3	26	17	23	10			•	11					

ACTIVITY LEVELS

Please call or email if you have questions about a listed activity level for a trip.

Low

Walking at a leisurely pace, boarding the coach, and climbing minimal stairs.

Moderate

Average level of walking/activity including climbing stairs and possibly walking on uneven surfaces.

High

Longer periods of walking and/or standing, along with climbing stairs and increased level of activity may be involved.

HAVE A QUESTION OR SUGGESTION?

Your Good Life Club Team is always looking for ideas and suggestions for trips and activities. Drop us a note, send an email, give a call, or stop in to see us. We love to hear from you!



P.O. Box 223
Mukwonago, WI 53149

What's Coming Up

<u>Trip/Event</u>	<u>Reservation Due</u>
Oct Living with Death	None needed
Nov Around Racine - waitlist	By Nov 3
Nov Medicare Updates	By Oct 29*
Dec Christmas Market	By Nov 20*
Jan Bingo	By Jan 3*
Mar Movie Matinee	By Mar 6*

**Currently taking reservations. See inside for details. No phone reservations accepted. All dates and/or destinations subject to change based on availability.*

ADDRESS CHANGE? Whether you are moving to a warmer clime for the winter months or relocating permanently, be sure Good Life Club follows you. Club addresses are separate from bank records, so contact Good Life Club when you are on the move! Call 262-378-4841 or email cchapman@CitizensBankWI.bank to update your records.

GOOD LIFE CLUB - PERKS & BENEFITS

Good Life Club members are eligible for free products and services, as well as exclusive access to exciting trips, fun social events, and informative seminars.

Contact a Personal Banker to sign up! Call 262-363-6500.

ENJOY YOUR GOOD LIFE!



HELD THE 4TH WED OF
EVERY OTHER MONTH

3:30PM - 5:30PM

IGET COMM CENTER
2040 BEULAH AVE*
EAST TROY



HELD THE LAST TUESDAY
OF EVERY OTHER MONTH

1:30PM - 3:00PM

IGET COMM CENTER
2040 BEULAH AVE
EAST TROY

In collaboration with the Walworth County ADRC, East Troy Intergenerational Community Center (IGET), and Good Life Club, a series of programs has been created to reach the needs of seniors.

All are welcome to attend!

Upcoming program dates:

October 21 - Memory Cafe
October 22 - Caregiver Support
October 25 - Living with Death:
A Community Conversation - see front for details

November 18 - Memory Cafe
November 25 - Smart Seniors: Wrap Party - see inside for details
December 16 - Memory Cafe
December 17 - Caregiver Support

Contact Cheryl at 262-378-4841 or Lloyd at 262-642-2266 (IGET) to register.

Along with the Caregiver Support Group held every other month, a **Memory Cafe** is held monthly at the IGET Community Center on the third Tuesday from 1:30PM to 2:30PM. Both the **Caregiver Support Group** and **Memory Cafes** are focused on helping those with dementia as well as the people who care for them with no charge to attend.

**Please note: Drive around the block to enter at the Division Street driveway. Enter the building using Door 7.*

Good Life Club Reservation Form

Please reserve ____ seat(s) @ \$89.00 per person for "Christmas Market" on December 11, 2025.

Return completed and signed form along with your check made out to: Good Life Club.

Total enclosed \$_____

Buffet Lunch included

Pick up point:

Big Bend Only

Member: _____

Address (include city, state, zip): _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

Member 2/Guest: _____

Complete Address: _____

Phone#: _____ Email Address: _____

EmergencyContact: _____ Phone#: _____ Allergies: _____

All itineraries are subject to change. Trip may be cancelled if minimum requirements are not met. Cost includes round trip transportation, meal, taxes & tips.

Remember to sign waiver located on back of reservation form.

Good Life Club Reservation Form

Please reserve ____ seats for BINGO! on Jan. 14, 2026.

GLC members complimentary, guests \$5.00

Total enclosed \$_____

Space is limited, so return your reservation and any payments necessary as soon as possible!

Member: _____ **Member/Guest:** _____

Phone#: _____ Phone#: _____

Emergency Contact: _____ Emergency Contact: _____

Emergency Phone#: _____ Emergency Phone#: _____

Event may be cancelled if minimum requirements are not met. Citizens Bank will not be responsible for any losses, thefts, accidents, illnesses, or injuries that may occur.

Remember to sign waiver located on back of reservation form.

Good Life Club Reservation Form

Please reserve ____ seats for March Movie Matinee on Mar. 17, 2026.

GLC members complimentary, guests \$5.00

Total enclosed \$_____

Space is limited, so return your reservation and any payments necessary as soon as possible!

Member: _____ **Member/Guest:** _____

Phone#: _____ Phone#: _____

Emergency Contact: _____ Emergency Contact: _____

Emergency Phone#: _____ Emergency Phone#: _____

Event may be cancelled if minimum requirements are not met. Citizens Bank will not be responsible for any losses, thefts, accidents, illnesses, or injuries that may occur.

Remember to sign waiver located on back of reservation form.

Trip and Event Hold-harmless Agreement - Good Life Club “Christmas Market”

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Member/Guest

Date

Date



Trip and Event Hold-harmless Agreement - Good Life Club “Bingo!”

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Member/Guest

Date

Date



Trip and Event Hold-harmless Agreement - Good Life Club “March Movie Matinee”

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

Member

Member/Guest

Date

Date