



## It's Still So Green!

At this point in the summer, the grass is usually brown and crunchy, the corn is starting to yellow, and the ground is thirsty for rain. This year has stayed so green and pretty, and it's nice to not have to water the gardens every day!

A summer tradition for Good Life Club is the Annual Party held mid-July at Cotton Exchange, and this year's event featured an India-inspired meal and a performance from the Aarambh Kathak Dance School.

In September, we'll be hosting Smart Seniors at the IGET Center featuring Elizabeth Marquez. Elizabeth, owner of Red Robot Grill, will present a talk on her time in South Africa as a cellist for the Eastern Cape Opera Company and how her experiences there continue influencing her life. Seating is limited, so call to reserve your seat right away!

Also coming up at the IGET Center in East Troy is the first event of its kind in the area. In collaboration with and hosted by the Walworth County ADRC, Citizens Bank, and IGET, Living with Death: A Community Conversation will take place on October 25. There will be featured speakers, panel discussion, and vendors on site.

If you like kringle and architecture, join us for the day trip, Around Racine, on November 19. We'll tour SC Johnson, eat a fine meal, and visit a couple of bakeries that specialize in kringle!

Take a look inside to find out more! I hope the rest of your summer is full of fun things to do; and as always, until we see you next time...enjoy your Good Life!

**Cheryl,**  
and the rest of the GLC team!

### Church Basement Ladies in The Last (Potluck) Supper

In June, Good Life Club traveled to The Fireside Theatre in Fort Atkinson for a lovely lunch, an amusing performance of *Church Basement Ladies in The Last (Potluck) Supper*, and a stop at Jones Market for a bit of shopping and a dish of ice cream (Cheryl's birthday treat!).

### Where We've Been Annual Party

This year's Good Life Club Annual Party at the Cotton Exchange in Waterford was a bit more exotic than usual with an India-inspired meal of Butter Chicken with yellow rice and vegetables plus entertainment featuring both professional and student Kathak dancers from the Aarambh Kathak Dance School and a guest appearance by Varsha Prasad, a world-renowned Kathak dancer from Bangalore, India.

Kathak dance is one of the eight major classical dance forms of India known for its storytelling using graceful, yet technical movements of feet, hands, and facial expressions to the beat of Hindustani classical music.



# UPCOMING TRIPS/EVENTS

**TUESDAY, SEPTEMBER 30, 2025**

**Smart Seniors**

HELD THE LAST TUESDAY  
OF EVERY OTHER MONTH

**1:30PM - 3:00PM**

IGET COMM CENTER  
2040 BEULAH AVE  
EAST TROY

\*Please note: For driving  
directions to IGET, use  
2019 Division Street, East  
Troy, WI, and use the  
Division Street driveway.  
Enter the building using  
Door 7.

September's Smart Seniors will feature a conversation with Elizabeth Marquez who will share her experiences in South Africa. What started out as an adventure to play her cello for various groups including the Eastern Cape Opera Company, turned into a passion for South African cuisine. Not only will Elizabeth be sharing her stories, she is going to be bringing some food samples from her South African fusion restaurant, Red Robot Grill.

**Registration is REQUIRED!**

Please call to reserve your seat no later than September 22.

Contact Cheryl at 262-378-4841  
or Lloyd at 262-642-2266 (IGET) to register.

**Saturday, October 25, 2025**



## LIVING WITH DEATH

A Community Conversation

East Troy Intergenerational Community Center  
(IGET) | October 25, 2025 | 10:00AM - 3:00PM

Join us for an opportunity to bring conversations about death and dying into the light and remove the stigma of death through education and open dialog with expert speakers, panel discussion, and vendors. Topics will include green burial, services of death doulas, and a panel discussion with funeral directors.

**Open to all with no admission charge!**

## Final SHRED of 2025

**Sept 13**

**NEW BERLIN**

5450 S MOORLAND RD

SATURDAY, 9AM TO 11AM  
Limitations Apply

- DRIVE UP/DROP OFF
- PERSONS MUST STAY IN VEHICLE
- NO SHRED ACCEPTED PRIOR TO EVENT

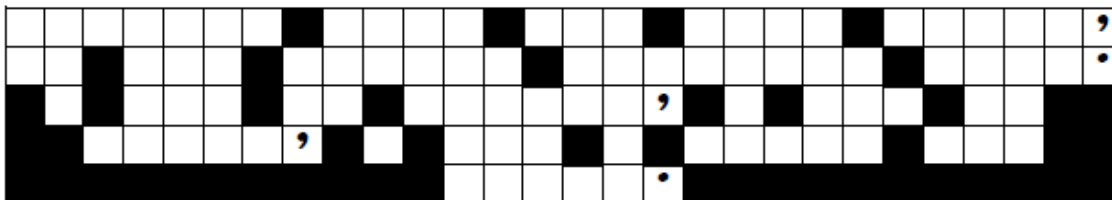
- LIMIT 2 BAGS OR BOXES
- WEIGHT LIMITS APPLY
- SHREDDED ON-SITE

- REMOVE ALL BINDER CLIPS, 3-RING NOTEBOOKS, CDS, LEDGER BOOKS, HARD CARDBOARD, PLASTIC, AND/OR BATTERIES

## Puzzle Challenge

Congratulations to Merry J. whose name was drawn for last issue's Puzzle Challenge! The solution: *Coffee in spring is like a warm hug that says, 'You survived winter, now let's tackle allergy season together.'*

For this issue's puzzle, place each letter in its proper place to solve the quote. Note that there are five squares containing punctuation. Hints: Look for possible word patterns and find single letter words first. Submit your solutions to Cheryl (cchapman@CitizensBankWI.bank) by September 15th to be entered into a drawing for a \$10 Culvers gift card! (Quote must be correct.)



O H E K O O R R O G A Y  
A C I N D I F G O A E A N E M A S W R O  
D I N G W E R M Y A M L N W E V W I R G O A G M I W  
A S P T O T G S U M Y S R T W S E H I N E N T G H O N

Did you miss the puzzle in the Spring issue? The newsletter itself was packed with info, so the puzzle could be found on the reservation form.

There's a bonus puzzle on this issue's reservation form, too! (No prizes, though) 😊



CitizensBankWI.bank 262-363-6500

MEMBER FDIC





# Around Racine - WED., NOVEMBER 19, 2025

**COST PER PERSON - \$121.00**

**GUESTS ARE WELCOME**

RESERVATIONS MUST BE RECEIVED BEFORE 5:00PM ON MONDAY, NOVEMBER 3, 2025.

*Full payment guarantees your reservations.*

*Return your reservations with check made out to: Good Life Club.*

Racine is most often associated with the quintessential Danish kringle. It wears the crown as the official pastry for the state of Wisconsin, and its flaky layers and variety of fillings makes any cup of coffee or tea taste better!

As part of our adventure around Racine, we'll learn more about Racine's kringle tradition with stops at two iconic kringle shops for a kringle making demonstration, samples, treats, and time to shop for your favorite flavors of kringle.

But before we indulge in the sweet tradition of kringles, we'll begin our day by stepping inside the world of innovation, architecture, and design at the SC Johnson Headquarters in Racine, Wisconsin. This guided 90-minute walking tour showcases the iconic Frank Lloyd Wright-designed Administration Building, a National Historic Landmark, and the celebrated Research Tower, one of the tallest structures ever built on the cantilever principle. Learn about the Johnson family legacy, the company's global reach, and the deep architectural and cultural significance of the campus. A must-see for design lovers and history buffs alike!

**Activity Level:** *Moderate*

Our lunch stop for the day is Reefpoint Brew House located on the Christopher Columbus Causeway with views of the Racine Marina and Lake Michigan. Lunch choices of Cobb Salad, Fish Fry, Grilled Chicken Sandwich, or Reuben Sandwich include a side of fries and beverage.

**Pick-up & Drop-off Points:**

**Mukwonago Park & Ride**

(Hwys I-43 & 83)

Pick-up: 8:45 AM

Return: 4:30 PM

**This trip has frequent onboarding/off-boarding and a moderate level of walking.**

**GENTLE REMINDER:** When signing up for trips and events that require payment, a check is preferred. (Credit cards are not accepted.) Please include a separate check for each trip or event.

## MAIL COMPLETED RESERVATION FORMS WITH YOUR PAYMENT TO:

**CITIZENS BANK - GOOD LIFE CLUB, P.O. BOX 223, MUKWONAGO, WI 53149**

**TRIP/PAID EVENT RESERVATIONS:** Spots are reserved strictly on a first-come, first-serve basis. Reservations cannot be held without payment. Calling in your trip/paid event reservation will not hold your spot. Only full payment guarantees your reservation. If guests are allowed, the number may be limited to one per Good Life Club member. A reservation confirmation postcard listing specific departure points and times will be sent out approximately one week prior to a trip's departure date. No reminders will be sent for social events (free or paid) or seminars. Please submit a separate check for each trip/event.

**WAITLISTS:** Should space fill for a trip or event, a waitlist will be created. Names will be listed in order of when reservations (trip/paid events reservations must include payment) are received. Guests will be notified in order should a cancellation occur and given 24 hours to respond before moving on to next person on the list. Uncashed checks held for waitlist reservations will be securely destroyed day after trip/event.

**CANCELLATIONS:** Should a paid trip or event be canceled by Good Life Club or vendors, a full refund will be given.

**REFUNDS:** On all paid trips/events, a full refund will be given if we are notified of the cancellation at least one day before the trip RSVP deadline OR if your space can be resold by 24 hours prior to departure. We regret that money cannot be refunded if we are unable to resell your space or if you are unable to attend at the last minute.

**GIFT CERTIFICATES:** Gift certificates must accompany reservation forms and may be used only for the person issued the certificate. Certificates or coupons issued prior to 2016 are no longer valid.

**WAIVERS:** All members and their guests will sign a waiver included with reservation forms holding all parties involved including Citizens Bank, coach rental company, venues, restaurants, etc. harmless for loss, theft, injury, and/or illness for all trips, social events, and seminars or workshops.

**QUESTIONS?** Contact Cheryl by calling 262-378-4841 or emailing [cchapman@CitizensBankWI.bank](mailto:cchapman@CitizensBankWI.bank).

**Prices listed for trips and events include all costs, admission fees, tips, and other gratuities unless otherwise noted.**

### ACTIVITY LEVELS

*Please call or email if you have questions about a listed activity level for a trip.*

#### Low

Walking at a leisurely pace, boarding the coach, and climbing minimal stairs.

#### Moderate

Average level of walking/activity including climbing stairs and possibly walking on uneven surfaces.

#### High

Longer periods of walking and/or standing, along with climbing stairs and increased level of activity may be involved.

## HAVE A QUESTION OR SUGGESTION?

Your Good Life Club Team is always looking for ideas and suggestions for trips and activities. Drop us a note, send an email, give a call, or stop in to see us. We love to hear from you!



**P.O. Box 223**  
**Mukwonago, WI 53149**

## What's Coming Up

<u>Trip/Event</u>	<u>Reservation Due</u>
Aug I Love Lucy - Waitlist only	By July 29
Sept Smart Seniors	By Sept 22*
Oct Living with Death	N/A
Nov Around Racine	By Nov 3*
Jan Bingo!	By Jan 2

*\*Currently taking reservations. See inside for details. No phone reservations accepted. All dates and/or destinations subject to change based on availability.*

ADDRESS CHANGE? Whether you are moving to a warmer clime for the winter months or relocating permanently, be sure Good Life Club follows you. Club addresses are separate from bank records, so contact Good Life Club when you are on the move! Call 262-378-4841 or email [cchapman@CitizensBankWI.bank](mailto:cchapman@CitizensBankWI.bank) to update your records.

## GOOD LIFE CLUB - PERKS & BENEFITS

**Good Life Club members are eligible for free products and services, as well as exclusive access to exciting trips, fun social events, and informative seminars.**

Contact a Personal Banker to sign up! Call 262-363-6500.

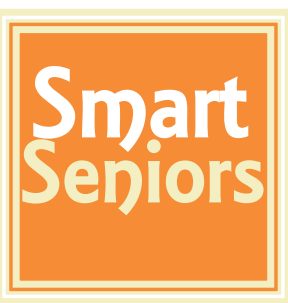
# ENJOY YOUR GOOD LIFE!



HELD THE 4TH WED OF  
EVERY OTHER MONTH

**3:30PM - 5:30PM**

IGET COMM CENTER  
2040 BEULAH AVE\*  
EAST TROY



HELD THE LAST TUESDAY  
OF EVERY OTHER MONTH

**1:30PM - 3:00PM**

IGET COMM CENTER  
2040 BEULAH AVE\*  
EAST TROY

*In collaboration with the Walworth County ADRC, East Troy Intergenerational Community Center (IGET), and Good Life Club, a series of programs has been created to reach the needs of seniors.*

### Upcoming program dates:

July 15 - Memory Cafe  
August 19 - Memory Cafe  
August 27 - Caregiver Support  
September 16 - Memory Cafe  
September 30 - Smart Seniors - *see inside for details*  
October 21 - Memory Cafe  
October 22 - Caregiver Support  
October 25 - Living with Death: A Community Conversation - *see inside for details*  
*Contact Cheryl at 262-378-4841 or Lloyd at 262-642-2266 (IGET) to register.*

Along with the Caregiver Support Group held every other month, a **Memory Cafe** is held monthly at the IGET Community Center on the third Tuesday from 1:30PM to 2:30PM. Both the **Caregiver Support Group** and **Memory Cafes** are focused on helping those with dementia as well as the people who care for them with no charge to attend.

*\*Please note: For driving directions to IGET, use 2019 Division Street, East Troy, WI, and use the Division Street driveway. Enter the building using Door 7.*

# Good Life Club Reservation Form

Please reserve \_\_\_\_ seats @ \$121.00 per person for "Around Racine" with Good Life Club on November 19, 2025.

Total enclosed \$ \_\_\_\_\_

Pick up point: **Mukwonago Only**

**Member Name:** \_\_\_\_\_ **Lunch Choice:** Cobb Salad Fish Fry Grilled Chicken Sand Reuben Sand

**Address (include city, state, zip):** \_\_\_\_\_

**Phone#:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Phone#:** \_\_\_\_\_ **Allergies:** \_\_\_\_\_

**Member/Guest:** \_\_\_\_\_ **Lunch Choice:** Cobb Salad Fish Fry Grilled Chicken Sand Reuben Sand

**Guest's Address: (include city, state, zip)** \_\_\_\_\_

**Phone#:** \_\_\_\_\_ **Guest's Email Address:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Phone#:** \_\_\_\_\_ **Allergies:** \_\_\_\_\_

All itineraries are subject to change. Trip may be cancelled if minimum requirements are not met. Cost includes round trip transportation, meal, taxes & tips.

## Trip and Event Hold-harmless Agreement - Good Life Club "Around Racine"

I/we, the undersigned, release Citizens Bank, Citizens Bank Good Life Club, and all vendors and contractors associated with the above named trip/event from responsibility of loss, injury, theft, and/or illness that should occur during the course of said trip/event.

\_\_\_\_\_  
Member

\_\_\_\_\_  
Guest

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

## Bonus puzzle!



BEACH	SPRINKLER
COOKOUT	SUNGLASSES
FIREFLIES	SUNSHINE
FIREWORKS	SWEETCORN
FLIPFLOPS	SWIMMING
FLOWERS	
LEMONADE	
OUTDOORS	
PARK	
PICNIC	
POPSICLE	
SANDCASTLES	
SMORE	

